



Troy Rabenstein

Tennis & Pickleball Coach

Cresswind Lakewood Ranch · Lakewood Ranch, FL

RSPA Certified Pickleball Professional

SafeSport Approved

RSPA Certified Tennis Instructor

CPR & First Aid Certified

Love the journey



SCAN TO BOOK
playwithtroy.net

**Never played, or chasing a rating?
Both start the same way — book a session.**

Same pricing for tennis and pickleball.

SINGLE SESSIONS

One hour, or an hour and a half, depending on the program

One person books, and brings the rest — reserve first, fill the other spots after. Each player settles up separately.

League Team Practice 5–6 players · 1.5 hours

An hour and a half with your whole team — drills, rotations and situations built around what your team actually needs.

\$80

for the team

Semi-Private 2–4 players · 1 hour

Same coaching as a private lesson, a fraction of the group. The more of you there are, the less each of you pays.

from **\$30**

per player

2 players **\$40** each

3 players **\$35** each

4 players **\$30** each

3 Plus Pro Playing Session 3 players + me · 1.5 hours

Three of you, plus me as the fourth. Real doubles at pace, with coaching between points rather than instead of them.

\$40

per player

Private 1-on-1 1 hour

The whole hour on your game — technique, tactics and whatever you want to fix.

\$80

per lesson

PROGRAM PACKS

A structured series with a set curriculum · from \$25 per hour, per player

Starter Pack Beginner · 2.0–2.5

Rules and scoring, grips, groundstrokes, serve and return — everything you need to play a real game.

from **\$75**

per player

3 sessions

2 players **\$120** each

3 players **\$90** each

4 players **\$75** each

Game Confidence Intermediate · 3.0–3.5

Depth and consistency, building the point, net play, defense and doubles tactics with live coaching.

from **\$125**

per player

5 sessions

2 players **\$200** each

3 players **\$150** each

4 players **\$125** each

Competitive Edge Advanced · 3.5–4.0+

Serve +1 patterns, exploiting weaknesses, match play with stat-tracking and a written improvement plan.

from **\$150**

per player

6 sessions

2 players **\$240** each

3 players **\$180** each

4 players **\$150** each

BOOKING & AVAILABILITY — I coach part time. A handful of sessions each week: some mornings, some evenings, the occasional weekend. What is open changes week to week. Scan the code above and book what is left. Rained out? We reschedule at no cost, and any booking can change up to 24 hours ahead. Programs, what to bring and how payment works are all answered on the site.